

Shirley A. Olsen, MD

GREGORY O. DICK, MD, FACS AESTHETIC PLASTIC SURGERY

What advice would you offer for women just starting out?

Be honest with yourself, establish protocols and stick to them. Helping people to find and bring out their beauty has always been my goal, although I had not defined it or realized it early on, progressing from being a model and designer to helping children as a pediatrician. I then discovered my true love as a laser, skin care and CoolSculpting specialist.

What makes you different than others in your profession?

As one of only a few physicians who directly performs all procedures, I am able to constantly assess the treatment while performing it and make immediate adjustments. Tailoring your treatment this way ensures the best possible result. We purchase all upgrades to our systems as soon as they become available and keep our equipment up to date. My partner, Gregory Dick MD, is a board certified plastic surgeon and we routinely consult with each other, adding an additional dimension to your possible treatment options.

What is the biggest challenge in the job?

To make sure I provide the best possible treatment plan and care, I attend many national meetings to investigate the latest procedures so that I can bring state of the art solutions to a patient's particular issues. Whether it's adopting new areas for fat freezing, such as under the chin or the upper arm, or expanding laser treatments to acne scars and wrinkles, rosacea, spot removal or hair reduction, I strive to help my patients be wise with their time and money.

Our principles are simple: If you look good we look good. If you are happy, we are happy.

EDUCATION

Stanford University, New York Medical College, Cornell University, New York Hospital

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