

# GREGORY O. DICK, MD., FACS

Plastic, Reconstructive & Cosmetic Surgery

- **ATTENTION: ABSOLUTELY NO SMOKING FOR 6 WEEKS PRIOR TO SURGERY**
- **NO ALCOHOL CONSUMPTION FOR TWO WEEKS PRIOR TO SURGERY**
- **STOP** taking Omega-3 Fish Oil for 10 days before or after surgery
- **DO NOT TAKE** any Vitamin E capsules for 10 days before or after surgery. Multi-vitamins containing Vitamin E are acceptable. Stop all other supplements too.
- **DO NOT TAKE** any medications that contain Aspirin or any medication below for **THREE WEEKS** before your surgery. Please check the labels of any medications you take (even those available without a prescription) to make sure they do not contain aspirin. If you are not sure, ask your doctor or pharmacist. The safest thing to do is call us (301 251-2600) if you are unsure about your medications.
- **TYLENOL IS OKAY**

## **DO NOT TAKE:**

### **ASPIRIN - ALL BRANDS**

Acetyl salicylic acid

### **ADVIL**

### **ALEVE**

Alka-Seltzer Effervescent

Pain reliever and antacid

Anacin and Maximum

Strength Anacin

Anaprox

Ansaid

Arthritis Pain Formula

Ascriptin; Ascripton A/D

Ascriptin with Codeine

Aspergum

B-A-C; B-A-C w/ Codeine

Bayer Aspirin

Maximum Bayer Aspirin

Bayer Children's

Bayer Time Release

Bufferin

Butalbital Compound

Carisoprodol Compound

Clinoril

Congespirin

Cope

Coricidin

Darvon Compound

Daypro

Dristan

Duragesic

Ecotrin

Empirin

Empirin w/ Codeine

Equagesic

Excedrin

Fiorinal

Fiorinal w/ Codeine

### **FISH OIL - ALL BRANDS**

Ginko Biloba

Herbal supplements

### **IBUPROFEN**

Indocin

Lodine

Lovaza

Maxalt

Midol Caplets

Midol for Cramps

Mobic

### **MOTRIN**

Nalfon

Naprosyn

Norgesic

Norgesic Forte

### **NSAIDS - ALL**

Nuprin

Pamprin

Pepto Bismol

Percodan

Phentermine

Plavix

Ponstel

Relafen

Robaxial

Sine-Aid

Sine-Off

Sinutab

Soma Compound

Soma Compound w/ Codeine

St. Joseph's aspirin for Children

Synalgos Capsules

Synalgos D.C.

Talwin Compound

Tolectin

Toradol

Vanquish

Voltaren

**NOTE: If you take any of the above within 2 weeks prior to surgery,  
PLEASE NOTIFY Dr. Dick's office immediately.**

***Your cooperation can help us avoid bleeding complications with your anticipated surgery.***

**\*\*Surgery will be canceled if you take any aspirin, even baby aspirin\*\***